



Learning Agility: Being Adaptable to New Situations

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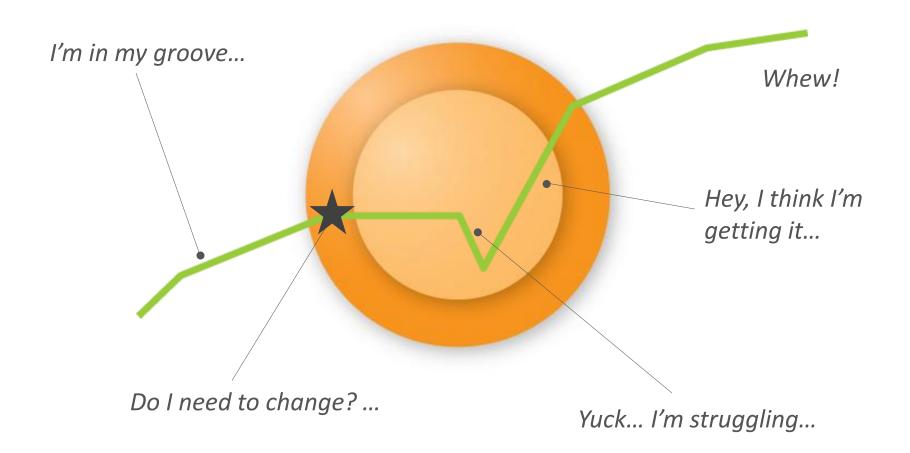
Powerful Learning

Think of a time...

- When you were engaged in a powerful learning experience
- Describe it to your table group in a word or short phrase; what was it like? (Adverb/Adjective)?



Anatomy of a Learning Experience



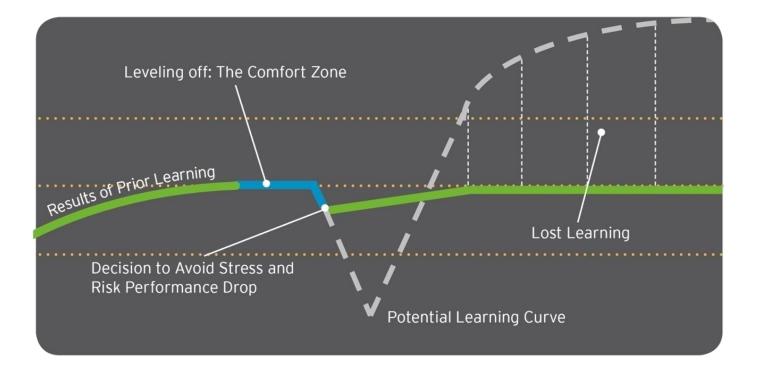
Workbook p.15

"The fear of not looking good [pride] is one of the greatest enemies of learning. To learn, we need to acknowledge that there is something we don't know, and to perform activities that we're not good at."

~ Peter Senge The Fifth Discipline

Senge, P. The fifth Discipline: The art and practice of the learning organization. (1st ed.) New York, NY: Doubleday

Avoiding a Learning Experience



Two Learning Mindsets By Dr. Carol Dweck





EIXEC

- Seldom thinks about learning new things
- Avoids challenges
- Gives up easily
- Sees effort as fruitless or worse...
- Ignores useful feedback
- Feels threatened by the success of others; denigrates or dismisses it

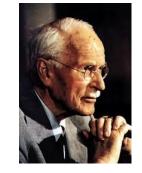
Growth

- Embraces challenges
- Persists in the face of setbacks
- Sees effort as the path to mastering new things
- Learns from feedback
- Finds inspiration, lessons, and best practices in the success of others
- Is an agent of *change and progress*

Dweck, C.S. (2006). Mindset: The new psychology of success. New York: Random House.

The Learning Type Measure (LTM)

- LTM helps individuals understand their primary learning style (preference/type).
- It examines an individual behaviors related to motivation, thinking, problem-solving, and performance. This enhanced self-awareness will positively impact your "development."
- The LTM is based on the work of Carl Jung, David A. Kolb, Kurt Lewin, Isabel Briggs Myers, Joseph Bogen, and Bernice McCarthy.
- Specifically reflected in the LTM are:
 - Adaptations of Dr. Jung's *feeling, sensing, intuition, extroversion, and introversion.*
 - Behaviors modeled after Kolb's constructs of concrete experiential, reflective, abstract and active learners.





Four Styles/Types/Preferences of Learners; Four Quadrants



<u>Learning Type One: Why</u>

- Interactive; discusses and debates with others why things happen like they do; share ideas
- Excel when the task requires *people to work together* toward a common goal; very people oriented and nurturing; excellent counselors
- Good listeners; empathic; caring; have genuine *interest in people* and cultures; very inclusive
- They keep others informed!!!
- They compare, reflect, and analyze *how humans interact*
- •They learn by relating new ideas to their prior knowledge and experience; are intuitive
- Type Ones take learning *seriously*

<u>Learning Type Two: What</u>

- Learn by gathering many *facts* and organizing them
- They gather *facts* to logically solve difficult problems and make decisions
- Form judgments based on *verifiable data and details*
- Like follow through, logic, reason, and organization; are systematic and structured
- Create *outlines, models, patterns and structures* prior to implementation; to understand...
- Tend to be conservative with resources
- Have a tendency to be risk avoidant
- Type Two learners do very well in *school!*

<u>Learning Type Three: How</u>

• They get the job done; they get results; they are efficient and effective performers

- They are action and task oriented; focus on realistic outcomes; are process oriented
- Practical; real world; hands on; apply common sense; efficient planners, sequencers
- Learn by using "down to earth" problem solving techniques
- Experiment; test ideas against real life circumstances; good at implementing & adjusting

• Can be **bossy, impersonal, direct, impatient** with ambiguity and sometimes fail to consider the human side of an issue; command oriented

Learning Type Four: What if

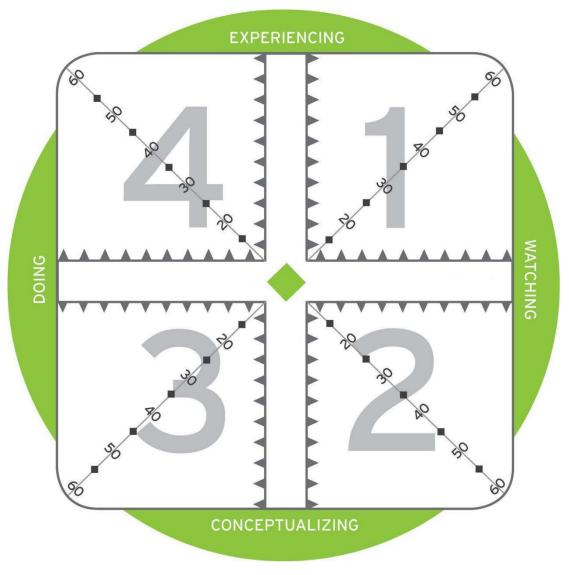
•They are adept when what is to be learned must be judged for *creativity and originality;* they are *risk oriented; innovative*

They respect the *unconventional* and love looking for *new possibilities*, future applications, and a *new vision*; like to experiment

• Open-minded; flexible and intuitive problem solvers; good at strategizing and integrating

- They may not devote enough attention to consequences;
 2nd and 3rd order effects
- Learn by looking for themes, patterns and relationships that connect with their personal experience

The LTM Feedback Report



Cell Phone Activity



Situation: You have commissioned to buy cell phones for your team. Discuss your typical approach based on your learning type and be prepared **to report out** to the larger group:

- 1. The **top three things** you will do
- 2. A "motto" for your learning type

Learning Type

Stay in the same learning type groups and discuss:

1.) How is my learning type **serving or** *limiting me?*

2.) Be prepared to share and *report out* to the larger group.

Learning Type

- You will now have a twenty minute walking meeting break in pairs.
- Partner with one other person and discuss:
- If I were to stretch my learning, <u>what other</u>
 <u>type might I chose</u> and how would that help
 me?

